

## Field Treatment

1. Basic airway
2. Oxygen
3. CPR prn
4. Advanced airway prn
  - ①
5. Cardiac monitor/document rhythm and attach EKG strip
6. Provide warming measures prn
  - ②

### FROSTBITE

7. Handle affected area gently
8. Remove constrictive jewelry
9. Cover and protect affected area
10. Do not allow affected area to thaw and then refreeze

### ALTERED LOC

7. Venous access/blood glucose test
8. If hypoglycemia, **dextrose 50% 50ml IVP**
  - ①

☞ May repeat one time
9. If hypotension, fluid challenge

**Note:** ③

### FULL ARREST

7. Venous access/blood glucose test
8. If hypoglycemia, **dextrose 50% 50ml IVP**
  - ①


☞ May repeat one time.

**Note:** ④ ⑤

9. See appropriate DYSRHYTHMIA guideline for treatment of specific rhythm

## Drug Considerations

Dextrose:

-  ① Pediatrics: see Color Code Drug Doses/L.A. County Kids

## Special Considerations

- ① DO NOT hyperventilate severely hypothermic patients – may result in ventricular fibrillation.
- ② Warming measures:
  - ✓ Move to warm environment.
  - ✓ Remove any wet clothing and wrap in warm blankets.
  - ✓ Use warmed NS when possible
  - ✓ Use warm humidified oxygen if possible.
- ③ Ensure absence of rales.
- ④ Atropine should not be used in bradycardia until rewarmed.
- ⑤ Resuscitation efforts should not be abandoned until the patient is rewarmed.